



Patrick 4 Life (P4L) AIDS Awareness and Education is a not-for-profit organization dedicated to educating youth about HIV and AIDS.

P4L creates awareness about HIV and AIDS through education, leadership, fund-raising and partnerships. P4L's purpose is to provide and facilitate the development and implementation of educational programs and activities designed to equip youth with the skills and knowledge they need to make healthy life-style choices.

P4L's programs and services include, but are not limited to, the development of educational curricula, programs and the support of teacher training.

## Recent Events

**Day of Champions:** On Monday, June 6th the annual Day of Champions took place and what a day it was! Students from all 4 school boards came together to finish the final 2.2 km of their marathons and received their medals with pride. Students also had the opportunity to participate in many fun games, as well as being entertained by one of the many volunteer stage performances! Whether it was a dance routine or a musical performance, all students were left with nothing but smiles on their faces. The event was nothing short of successful and will continue to be successful for many years to come. The spirit of Patrick lives on; it lives on brightly through the 2000 plus champions that this day brings together.

**Run/Walk 2016:** To say that the weather didn't cooperate would be the understatement of the year; but that didn't phase the participants. From torrential down pours to gusty winds, participants endured it and they did it with a smile on their faces! This year over 220 individuals ran one of the 4 courses set up, varying from a 2k run all the way to a half marathon. Upon completing the race, the runners were rewarded with medals, food and applause from the community that came out to support the event! Running or walking, raining or shining, P4L is looking forward to seeing everyone next year and the years to come, because this community is one that never misses an opportunity to help support a great cause!

**Volunteers:** P4L would like to sincerely thank all volunteers who donated their time to the recent events; without the support of volunteers this would not have been possible! P4L expresses its gratitude for your time, efforts and continued support for the many years to come!

## Curriculum & Teacher Training

The P4L curriculum writing team led by Dr. Anna-Marie Aquino, Principal at St. Hubert Catholic School, has completed the writing of curricula for Grades 3, 7 and 8. The team has also revised present curricula for Grades 4, 5 and 6 to create a continuum from Grades 3 to 8. This revised curriculum will be accessible to all teachers. In addition, plans for the translation and adaptation of the entire curricula in the French Language are presently being made. Members of the Curriculum Writing Team include: Mary-Lou Cappadocia, Kelly Madigan, Lisa Daigle, Erin Dunkley, Jill Cooper and Anna-Marie Aquino.



## Research

Patrick 4 Life has just completed a research project, funded by OHTN (Ontario HIV Treatment Network), designed to measure self-esteem and self-confidence in students who participated in the Partici-Patrick program in 2015. This research was conducted by Anna-Marie Aquino, Principal at St. Hubert Catholic Elementary School, and Robert Sampson, Executive Director at Patrick 4 Life with support of representatives from One Kid's Place, the North Bay Parry Sound District Health Unit, the AIDS Committee of North Bay and area, the Near North District School Board and Nipissing First Nations. The findings of the study revealed that students do emerge from this program with a higher sense of self confidence and self esteem, that females scored higher than males, and that the context of the home environment and school environment contributed significantly toward student values and behaviours. Please consult P4L.ca for more information.

**Hope you have a great and safe summer!**

**P4L.CA**



### **P4L Vision**

**Every child in every classroom in the Province of Ontario will experience an HIV/AIDS education program.**

**FOR MORE INFORMATION CONTACT**  
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